

HEALTH SCREENING AND MONITORING DURING COVID-19

The CDC recommends daily health screening for COVID-19 symptoms. An important part of keeping schools safe is emphasizing to all the importance of knowing the symptoms of COVID-19 and encouraging staff and students to stay home if they are ill or have symptoms.

Symptoms of COVID-19

People with these symptoms or combinations of these symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Fever (CDC defines this as 100.4F or greater, or when one feels warm to the touch, or gives a history of feeling feverish)
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell
- Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

COVID-19 Daily Screening Questions

Staff should assess themselves and students should be assessed by parents for symptoms of COVID-19 before reporting to school each day. It is not necessary to print this checklist and bring it to school.

Answer “YES” or “NO” since your last day at school:

- Have you been exposed to a person with COVID-19 over the past 14 days?
- Do you have a new fever (100.4°F or higher) or a sense of having a fever?
- Do you have a new cough that cannot be attributed to another health condition?
- Do you have a new shortness of breath that cannot be attributed to another health condition?
- Do you have new chills that cannot be attributed to another health condition?
- Do you have a new sore throat that cannot be attributed to another health condition?
- Do you have a new loss of taste or smell?
- Do you have new muscle aches (myalgia) that cannot be attributed to another health condition or specific activity (such as physical exercise)?

If there is a “YES” answer to any of the screening questions, the staff member or student should stay home and not come to school.



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